

MILDENHALL CYCLING CLUB

What's On

August

Monday 1 st	8.00pm	Mildenhall CC Committee Meeting.
Sunday 7 th	9.45am for 10.00am	Off-Road Championship – Round 8. Meet at Emily's Woods, off the A1065. <i>For more details contact <u>Sturmeay Archer</u></i>
Monday 8 th	7.15pm	Evening Time-Trial Series - Round 6. Fordham circuit. There isn't any parking at the school, as they have the builders in. There is parking for probably 5 cars in lay-by opposite the school, or on the verge opposite the Church just across the crossroads.
Sunday 14 th	9.30am	Family On-Road Club Ride. Starting and finishing from the clubroom in Mildenhall, this will be a gentle 20 - 25 mile ride suitable for all the family. It will include a tea-stop at La Hogue. <i>For more details contact <u>Jean Poole</u></i>
Monday 15 th	8.00pm	Cycling & Fun Day Meeting.
Sunday 21 st	9.30am	On-Road Club Ride. Starting and finishing from the home of John & Ann Williamson in Bury St Edmunds. It will be 25 miles all on road with a coffee stop which will be near the end, at Moreton Hall Coffee Shop. <i>For more details contact <u>John Williamson</u></i>
Saturday 27 th	7.00pm	Quiz Night. Prelude to the Mildenhall Cycling & Fun Day, with quizmaster Dave Sennitt. Held in the West Row Village Hall with bar. Teams of 6 @ £10 per team.
Sunday 28 th	10am – 6pm	Mildenhall Cycling & Fun Day - the name in 2016 for the Club's traditional Mildenhall Cycling Rally and in just one-day at West Row. The line-up includes Grass-Track Racing, <i>incl National 400m Championship</i> ; Trade Show; All-day Cycle Jumble; Charity Stalls; Children's Sports; 1-lap bike race for local children; Ladies Led Ride; Bouncy Castle & Face Painter; Watt Bike Challenge; Touring Routes & Audax Rides. <i>For more details contact <u>Jean Poole</u> or <u>Mark Burchett</u></i>
Every Wednesday	8.00pm	Training Night. Will either be inside the clubroom or outside, depending on the weather and who turns up. <i>For more details contact <u>Marc Bowers</u>.</i>
Every Thursday	10.30am	Gentle Social Ride. <i>For more details contact Viv Bowers or email <u>Jean Poole</u>.</i>



www.mildenhallcc.org.uk



www.mildenhallrally.org.uk

mark@burchett.org.uk



MILDENHALL CYCLING CLUB

The Rally has for many years provided the Club with its main income and although for just one-day this year, The Cycling and Fun Day will be no different. **Therefore, it is important that we all do our bit to make sure it is successful.** We need to make sure we have enough bodies to ensure each part of the day runs smoothly.

This is by no means a complete list, but the items listed are the main ones where your help would be really appreciated.

Saturday 27th Aug

Quiz Night

Help Dave Sennitt

Sunday 28th Aug

Gate Entry:

7am – late pm
Collecting Entry charges and issuing wristbands

Car Parking:

7am – late pm.
Direct and help visitors to park.

Refreshments:

10am – late pm
Can you help make a cake before the day, or help serve on the day?

Publicity:

There are Posters and Leaflets in the clubroom, so if you are going to any cycling or public event or you can put a poster up at work or in your local area, please can you do so.

For any more details or offers of help please contact Mark or Jean

FUN FOR THE WHOLE FAMILY
at the
**Mildenhall Cycling
and Fun Day**
Sunday 28th August 2016
10am – 6pm

Grass-Track Racing
(Including the British Cycling National 400m Championship)

Ladies Led-Ride

Trade Show

All-day Cycle Jumble

Children's Sports (free)

1-lap bike race for local children (free)
(Bring your own bike & helmet)

Bouncy Castle & Face Painter (free)

Charity Stalls

Refreshments

Watt Bike 250m Challenge (free)

Touring Routes

Audax Touring Rides (50, 100, 160 & 200km)

Quiz Night (Saturday 27th August)

Entry
Adult £2 & Child £1 (includes parking)

New Venue
Village Hall, Chapel Road, West Row, IP28 8PA

Up to date information on www.mildenhallrally.org.uk - scan here

A Mildenhall Cycling Club promotion



www.mildenhallcc.org.uk



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