

MILDENHALL CYCLING CLUB

What's On

June

Saturday 4 th	12noon – 4pm	Annika-Blerch Sporting Foundation Open Day. The club are having a display stand to support this worthwhile local cause on the Jubilee Fields, Mildenhall. <i>Can you help between 11am – 12noon (setting up); 12noon-4pm or at 4pm (packing up) – if so please let Bert know.</i> <i>For more details please contact Bert Woodhead</i>
Sunday 5 th	7.00am	Breakfast Club Ride. It will start & finish at the Clubroom, with the distance to suit those that turn up. <i>For more details contact Dave Bowers</i>
Monday 6 th	8.00pm	Club Committee Meeting.
Saturday 11 th	2.00pm – 5.00pm	Big Picnic, Village Hall, West Row. The Club are having a stand at this event to support it, as it is where we will be holding the Mildenhall Cycling & Fun Day and to promote it. <i>Can you help between 1pm – 2pm (setting up); 2pm – 5pm or at 5pm (packing up) – if so please let Mark know.</i> <i>For more details contact Mark Burchett</i>
Sunday 12 th	-	No Club-Ride planned , as there are other events that members will be taking part in. Ride for Life. www.each.org.uk/event-test/detail/ride-for-life Newmarket Hilly Sportive. newmarkethilly100.org.uk
Sunday 19 th	9.45am for 10.00am	Off-Road Championship – Uphill (5)/Downhill (6). Please note that this is held at Mildenhall Woods and not Emily's Woods. Parking is available off the road just before the Mildenhall Household Waste Recycling Centre (IP28 7JQ) <i>For more details contact Sturmeay Archer</i>
Monday 20 th	7.15pm	Evening Time-Trial Series – Round 4. Red Lodge circuit. Parking at the rear of Doctor's Surgery ONLY.
Monday 20 th	Approx.8.15pm	Mildenhall Cycling & Fun Day - Committee Meeting.
Friday 24 th	6.45 for 7.00pm	Social Night – with a difference! An evening ride, led by Jean Poole, followed by a barbeque (hot dogs) Under 16's: £1.50 Adults: £3.00 To confirm your place by Friday 17 th June, please contact Dave Bowers on 01638 715986 or Jean / text 07771 160779
Sunday 26 th	9.30am	Family On & Off Road Club-Ride. It will start from the Forehill Car Park, off Broad street, Ely, CB7 4AH. The route will be along the cycle way by the river to Barway and out to either Wicken Fen or Anglesey Abbey for a coffee stop, before circling back to Ely. It will be around 20 miles so suitable for all the family. <i>For more details contact Phil Carter</i>



www.mildenhallcc.org.uk



www.mildenhallrally.org.uk



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Every Wednesday	8.00pm	Training Night. Will either be inside the clubroom or outside, depending on the weather and who turns up. <i>For more details contact Marc Bowers</i>
Every Thursday	10.30am	Gentle Social Ride. <i>For more details contact Viv Bowers or email Jean Poole</i>

Tandem Cycling

A 'spin' on the Club's tandem. Some of you may know that I have for a while been promoting tandem cycling to create the opportunity for people with impaired vision to enjoy cycling.

Thanks to the willingness of recently joined member, Jon Petty, to try tandem riding (and to trust me as his pilot!) we have been training on club runs to take part in the West Suffolk Spin event this weekend. We intend to complete 50-miles in aid of the West Suffolk Hospital charity, My WISH and be the first tandem across the finish line!!

We have set up a Just Giving page so any support would be very welcome and much appreciated. Please use the link below if you would like to sponsor us, thank you!

Jon's determination, commitment to fitness, his competitive edge and desire to encourage more people to try accessible sports have got us this far. His achievements are truly inspiring so we hope our efforts will inspire others to take part as we know there is a need out there.

If you have ever considered volunteering to pilot a tandem, please do get in touch...

Many thanks,
Angela & Jon

<http://www.justgiving.com/Tandem50>

Mildenhall Cycling & Fun Day

What was the Rally committee are organising the Mildenhall Cycling & Fun Day as a one-day interim event this year, as it provides continuity as well as allowing us to have a dry run of the new venue in and around West Row Village Hall.

The intention is to revert to the three-day format in 2017 but re-launching the event with a new name, website and refreshed line-up of events. Now we're looking to members to support us.

Remember, without the income this generates, your membership fee would have to rise as well as looking for other incomes and other events to promote.

We are looking for help with the following:

Quiz:	Sat 27 th 7-9pm	Helping Dave Sennitt
Gate Entry:	Sun 28 th 10am - late pm	Collecting Entry charges and issuing wrist-bands
Car Parking:	Sun 28 th 10am - late pm	Direct and help visitors to park
Refreshments:	Sun 28 th 10am - late pm	Can you help make a cake before the day, or help serve on the day?

More details to follow as event information is confirmed.

mark@burchett.org.uk



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