

MILDENHALL CYCLING CLUB

What's On

July 2017

Sunday 2 nd	9.45am for 10.00am	Off-Road Championship – Round 6. Meet at Emily's Woods, off the A1065 Brandon to Mundford road. <i>For more details contact Pete Clements</i>
Monday 3 rd	8.00pm	Mildenhall CC Committee Meeting.
Sunday 9 th	8.30am - 9.30am	Women on Wheels (WOW) Ride. For more details see www.wowsuffolk.org.uk/wow-bury-st-edmunds/
Sunday 16 th	9.30am	Cambridge Guided Bus Way Club Ride. Try this unique experience of cycling along the Busway to St Ives and back – approx. 30 miles. Starting point to be confirmed. <i>For more details please contact Dave Bowers/ Harvey Wright</i>
Monday 17 th	7.15pm	Evening Time-Trial Series - Round 5. Red Lodge circuit. Parking is at Doctor's Surgery REAR car park. Download the GPX course from www.mildenhallcc.org.uk
Monday 17 th	Approx. 8pm	Mildenhall Cycling Festival Committee meeting.
Sunday 23 rd	9.30am	On Road Club Ride. It will start and finish at the clubroom and covering approx. 30 miles, with a tea-stop at West Stow Country Park. There will be a shorter route also available that will still include the same tea-stop. <i>For more details contact Dave Bowers</i>
Friday 28 th	7.15pm for 7.30pm	Social Evening – The Benefits of Sports Massage and Stretching. A talk by the very knowledgeable and interesting Jemma Andrews a Sports Massage Therapist. She will explain the importance of looking after your muscles. Why you should stretch, how to stretch and do you know what a Foam Roll is? Come and find out! Adults £3.00 Under 16's £1.50 <i>To confirm your place by Monday 24th July, please contact Dave Bowers on 01638 715986, or Jean Poolo</i>
Sunday 30 th	9.30am at Max's 8am from Clubroom	On & Off-Road Club Ride. It will be a ride in to the lanes of Beds or Herts, depending on wind direction. It'll include some off-road riding, before returning to Max & Sandra's. <i>For more details please contact Max Pendleton</i>
Every Wednesday	8.00pm	Training Night. Will either be inside the clubroom or outside, depending on the weather and who turns up. <i>For more details, contact Marc Bowers.</i>
Every Thursday	10.30am	Gentle Social Ride. On and/or Off Road. <i>For more details contact Viv Bowers or email Jean Poolo.</i>



MILDENHALL CYCLING CLUB

Club Clothing

A topic that has been discussed at some length at the last couple of committee meetings is Club Clothing.

Recently I had asked if there was anyone who wanted new Club Clothing and before we look at placing an order with Endura, as the minimum order is £750, we want to gauge whether there is any appetite to change the design?

If there is, it clearly makes sense to do that first. I have my own views as do the other members of the committee, **but what we want to know is what our members feel about the subject.**

Below and on the next page are some sketches that Pete Clements produced. There is then a blank template for you to have a sketch to let the committee know your thoughts.

Please email or pass them to our Secretary [Judith Robb](mailto:judith.robbs@mildenhallcc.org.uk)



*Flans
Flans too intricate
- will not work small
Scale.*



MILDENHALL CYCLING CLUB



*opposite to
Common flag.*



MILDENHALL CYCLING CLUB

For Sale

If you are interested in any of these please contact Phil Carter direct on
01353 667166 or ugotcarter@gmail.com

Dawes Discovery 101 (2015)

Boys 18in frame,
700c wheels,
Schwalbe Landcruiser tyres hardly
worn,
18 gears,

In good condition for a 2 year-old.
Suitable for 12-15yr old.

£85 ovno



Giant T-Mobile Child's road racing bike.



Very light 16.5inch frame,
Sora groupset,
Tektro cantilever brakes,
Brand new Islabike front wheel and
tyre (completely unused),

In good condition, but with some
scuffs on brake/gear change covers
and stone chips on frame.

Suitable for 8-11-year-old interested
in road racing.

£155 ovno

Jamis Aurora Elite touring bike (2016)

57cm frame, 105 groupset, bar-end
shifters, twin bottle holders.

This is in showroom condition, as I
have ridden exactly 34 miles on it! It
has been sitting resplendently in my
studio garden room for over twelve
months, awaiting the Audax rides
that it is never destined to do with
me. See [Evans](#) for 2017 model,
which is exactly the same spec.

**Pick up a bargain for £725. No
offers.**



Mark Burchett

mark@mildenhallcc.org.uk



www.mildenhallcc.org.uk



Page 4 of 4

www.mildenhallrally.org.uk

